

# WRITING YOUR PAST INTO YOUR FICTION

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## WHAT HISTORY?

## OUR PERSONALITY

Meyer's Briggs. Carl Jung

### The Four Preferences In More Detail

#### Where, primarily, do you prefer to direct your energy?

Extravert- If you prefer to direct your energy to deal with people, things, situations, or "the outer world", then your preference is for **Extraversion**. This is denoted by the letter "E".

Introvert - If you prefer to direct your energy to deal with ideas, information, explanations or beliefs, or "the inner world", then your preference is for **Introversion**. This is denoted by the letter "I".

#### How do you prefer to process information?

Senser - If you prefer to deal with facts, what you know, to have clarity, or to describe what you see, then your preference is for **Sensing**. This is denoted by the letter "S".

INTuition- If you prefer to deal with ideas, look into the unknown, to generate new possibilities or to anticipate what isn't obvious, then your preference is for **Intuition**. This is denoted by the letter "N" (the letter I has already been used for Introversion).

#### How do you prefer to make decisions?

Thinker - If you prefer to decide on the basis of objective logic, using an analytic and detached approach, then your preference is for **Thinking**. This is denoted by the letter "T".

Feeler - If you prefer to decide using values and/or personal beliefs, on the basis of what you believe is important or what you or others care about, then your preference is for **Feeling**. This is denoted by the letter "F".

#### How do you prefer to organise your life?

Judger - If you prefer your life to be planned, stable and organised then your preference is for **Judging**(not to be confused with 'Judgmental', which is quite different). This is denoted by the letter "J".

Perceiver - If you prefer to go with the flow, to maintain flexibility and respond to things as they arise, then your preference is for **Perception**. This is denoted by the letter "P".

<http://www.teamtechnology.co.uk/tt/t-articl/mb-simpl.htm>

<p><b>ISTJ</b></p> <p><b>"DOING WHAT SHOULD BE DONE"</b></p> <p>Organizer • Compulsive Private • Trustworthy Rules 'n Regs • Practical</p> <p><b>MOST RESPONSIBLE</b></p>	<p><b>ISFJ</b></p> <p><b>"A HIGH SENSE OF DUTY"</b></p> <p>Amiable • Works Behind the Scenes Ready to Sacrifice • Accountable Prefers "Doing"</p> <p><b>MOST LOYAL</b></p>	<p><b>INFJ</b></p> <p><b>"AN INSPIRATION TO OTHERS"</b></p> <p>Reflective/Introspective Quietly Caring • Creative Linguistically Gifted • Psychic</p> <p><b>MOST CONTEMPLATIVE</b></p>	<p><b>INTJ</b></p> <p><b>"EVERYTHING HAS ROOM FOR IMPROVEMENT"</b></p> <p>Theory Based • Skeptical • "My Way" High Need for Competency Sees World as Chessboard</p> <p><b>MOST INDEPENDENT</b></p>
<p><b>ISTP</b></p> <p><b>"READY TO TRY ANYTHING ONCE"</b></p> <p>Very Observant • Cool and Aloof Hands-on Practicality • Unpretentious Ready for what Happens</p> <p><b>MOST PRAGMATIC</b></p>	<p><b>ISFP</b></p> <p><b>"SEES MUCH BUT SHARES LITTLE"</b></p> <p>Warm and Sensitive • Unassuming Short Range Planner • Good Team Member In Touch with Self and Nature</p> <p><b>MOST ARTISTIC</b></p>	<p><b>INFP</b></p> <p><b>"PERFORMING NOBLE SERVICE TO AID SOCIETY"</b></p> <p>Strict Personal Values Seeks Inner Order/Peace Creative • Non-Directive • Reserved</p> <p><b>MOST IDEALISTIC</b></p>	<p><b>INTP</b></p> <p><b>"A LOVE OF PROBLEM SOLVING"</b></p> <p>Challenges others to Think Absent-minded Professor Competency Needs • Socially Cautious</p> <p><b>MOST CONCEPTUAL</b></p>
<p><b>ESTP</b></p> <p><b>"THE ULTIMATE REALIST"</b></p> <p>Unconventional Approach • Fun Gregarious • Lives for Here and Now Good at Problem Solving</p> <p><b>MOST SPONTANEOUS</b></p>	<p><b>ESFP</b></p> <p><b>"YOU ONLY GO AROUND ONCE IN LIFE"</b></p> <p>Sociable • Spontaneous Loves Surprises • Cuts Red Tape Juggles Multiple Projects/Events Quip Master</p> <p><b>MOST GENEROUS</b></p>	<p><b>ENFP</b></p> <p><b>"GIVING LIFE AN EXTRA SQUEEZE"</b></p> <p>People Oriented • Creative Seeks Harmony • Life of Party More Starts than Finishes</p> <p><b>MOST OPTIMISTIC</b></p>	<p><b>ENTP</b></p> <p><b>"ONE EXCITING CHALLENGE AFTER ANOTHER"</b></p> <p>Argues Both Sides of a Point to Learn Brinkmanship • Tests the Limits Enthusiastic • New Ideas</p> <p><b>MOST INVENTIVE</b></p>
<p><b>ESTJ</b></p> <p><b>"LIFE'S ADMINISTRATORS"</b></p> <p>Order and Structure • Sociable Opinionated • Results Driven Producer • Traditional</p> <p><b>MOST HARD CHARGING</b></p>	<p><b>ESFJ</b></p> <p><b>"HOST AND HOSTESSES OF THE WORLD"</b></p> <p>Gracious • Good Interpersonal Skills Thoughtful • Appropriate Eager to Please</p> <p><b>MOST HARMONIZING</b></p>	<p><b>ENFJ</b></p> <p><b>"SMOOTH TALKING PERSUADER"</b></p> <p>Charismatic • Compassionate Possibilities for People Ignores the Unpleasant • Idealistic</p> <p><b>MOST PERSUASIVE</b></p>	<p><b>ENTJ</b></p> <p><b>"LIFE'S NATURAL LEADERS"</b></p> <p>Visionary • Gregarious • Argumentative Systems Planners • Take Charge Low Tolerance for Incompetency</p> <p><b>MOST COMMANDING</b></p>

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## Our spiritual journey and lessons learned

## The stories of people around us:

## The Unconscious Leaking into Fiction

## CAUTIONS