

## Being Real in Your Writing

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How does a writer get past masks or expectations of propriety in writing? What do well-known writers have to say about this? This workshop offers principles and examples of becoming authentic and open in your writing. Time will also be given to work through probing questions and guided practice.

“You’re hiding behind your writing.”

“Guts: The Decisive Ingredient”

### Getting past masks and expectations:

Be honest with yourself.

Be brave. Are you willing to bare your \_\_\_\_\_?

Reevaluate your ego—on what is it based?

Quit trying to impress people.

This doesn’t mean start cussing and being vile. (Note publishers’ parameters.)

### Questions:

How do you want to appear? Who are you trying to impress?

Whose opinion are you concerned about?

Is there anything you’re afraid to say?

What are you willing to risk?

If you could say anything and still be accepted by people you care about, what would you say?

### Principles:

Write from your heart to other people’s hearts.

Write what most people keep secret.

Write without constraints—modify later.

Cut your heart open and bleed on the page.

Criticizers will criticize; it’s their nature. Others will appreciate.

### Examples: