

Name: Debbie Hardy, the Queen of Resilience

One sentence that describes me and my writing: I write encouraging nonfiction, devotions, and magazine articles.

Brief bio:

Debbie Hardy grew up in Ohio and moved to God's country, Colorado, 50 years ago. She is a widow, but has two sons and two granddaughters from her first marriage. She loves encouraging new writers, older women who have given up on life, and spending time with her grands.



Why I write: Too many people let life drag them down with negativity. My calling is to help them learn to be positive in spite of all that life dumps on them.

I write:

Fiction: \_\_\_short stories \_\_\_books

Genres:

Nonfiction: X articles X personal experience stories X devotions X books

Genres: self-help, forgiveness, learning to be positive

Other: \_\_\_poetry \_\_\_scripts

My audience X Christians X general public X women \_\_\_men \_\_\_teens \_\_\_children

**I'm currently working on** a sequel to my last book, *Free to be Fabulous: 100 Ways to Look and Feel Younger* (believe it or not, I'm old!). The new one is *Fat and Fabulous: Learn to Love Yourself Just the Way You Are*. I'm hoping to combat fat-shaming and fad diets to let people know that God made them and loves them and that they can love themselves as they are.

**My greatest joy and/or struggle in writing** is dealing with carpal tunnel for the past two years. My left hand is numb and misses keys often, even after two surgeries. I usually type faster than I talk, but that's not the case now.

**I'd like to meet writers who** are just starting and need to learn how to get published.

\_\_\_I belong to a writers' group that is open to new members.

\_\_\_I would like to find a writers' group.

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Blog:

City & State (or Country): Littleton, CO

X I've been published in periodicals

X I have published one or more books