

WRITING YOUR PAST INTO YOUR FICTION

WHAT HISTORY?

Actual events:

OUR PERSONALITY

Meyer's Briggs. Carl Jung

The Four Preferences In More Detail

Where, primarily, do you prefer to direct your energy?

Extravert- If you prefer to direct your energy to deal with people, things, situations, or "the outer world", then your preference is for **Extraversion**. This is denoted by the letter "E".

Introvert - If you prefer to direct your energy to deal with ideas, information, explanations or beliefs, or "the inner world", then your preference is for **Introversion**. This is denoted by the letter "I".

How do you prefer to process information?

Senser - If you prefer to deal with facts, what you know, to have clarity, or to describe what you see, then your preference is for **Sensing**. This is denoted by the letter "S".

INtuition- If you prefer to deal with ideas, look into the unknown, to generate new possibilities or to anticipate what isn't obvious, then your preference is for **Intuition**. This is denoted by the letter "N" (the letter I has already been used for Introversion).

How do you prefer to make decisions?

Thinker - If you prefer to decide on the basis of objective logic, using an analytic and detached approach, then your preference is for **Thinking**. This is denoted by the letter "T".

Feeler - If you prefer to decide using values and/or personal beliefs, on the basis of what you believe is important or what you or others care about, then your preference is for **Feeling**. This is denoted by the letter "F".

How do you prefer to organise your life?

Judger - If you prefer your life to be planned, stable and organised then your preference is for **Judging**(not to be confused with 'Judgmental', which is quite different). This is denoted by the letter "J".

Perceiver - If you prefer to go with the flow, to maintain flexibility and respond to things as they arise, then your preference is for **Perception**. This is denoted by the letter "P".

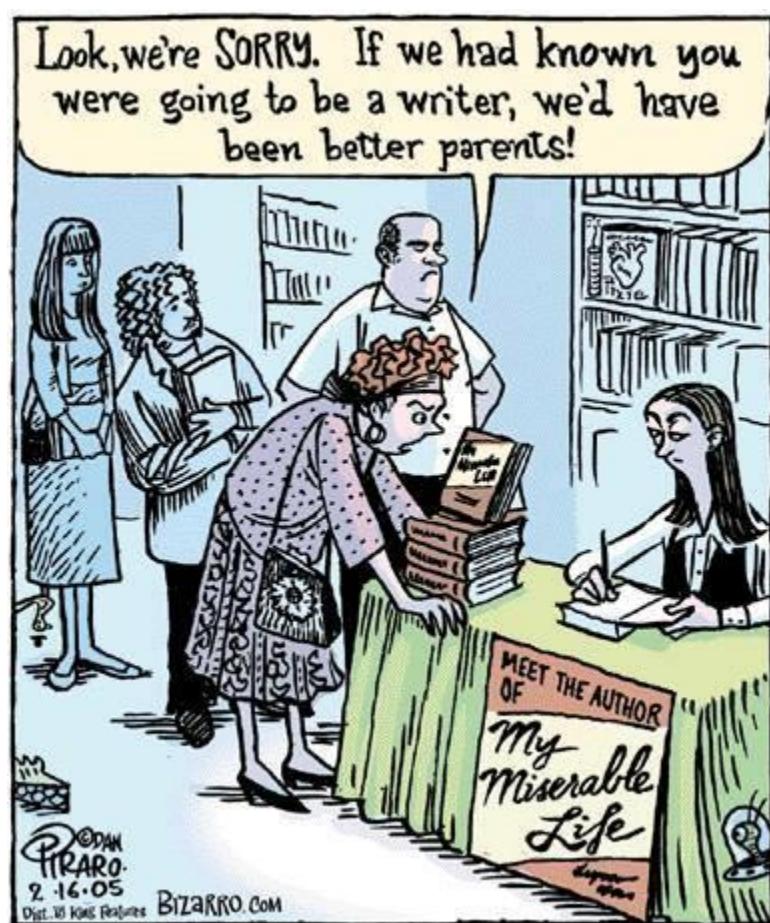
<http://www.teamtechnology.co.uk/tt/t-artic1/mb-simpl.htm>

ISTJ "DOING WHAT SHOULD BE DONE" Organizer • Compulsive Private • Trustworthy Rules 'n Regs • Practical	ISFJ "A HIGH SENSE OF DUTY" Arinable • Works Behind the Scenes Ready to Sacrifice • Accountable Prefers "Doing"	INFJ "AN INSPIRATION TO OTHERS" Reflective/Introspective Quietly Caring • Creative Linguistically Gifted • Psychic	INTJ "EVERYTHING HAS ROOM FOR IMPROVEMENT" Theory Based • Skeptical • "My Way" High Need for Competency Sees World as Chessboard
MOST RESPONSIBLE	MOST LOYAL	MOST CONTEMPLATIVE	MOST INDEPENDENT
ISTP "READY TO TRY ANYTHING ONCE" Very Observant • Cool and Aloof Hands-on Practically • Unpretentious Ready for what Happens	ISFP "SEES MUCH BUT SHARES LITTLE" Warm and Sensitive • Unassuming Short Range Planner • Good Team Member In Touch with Self and Nature	INFP "PERFORMING NOBLE SERVICE TO AID SOCIETY" Strict Personal Values Seeks Inner Order/Peace Creative • Non-Directive • Reserved	INTP "A LOVE OF PROBLEM SOLVING" Challenges others to Think Absent-minded Professor Competency Needs • Socially Cautious
MOST PRAGMATIC	MOST ARTISTIC	MOST IDEALISTIC	MOST CONCEPTUAL
ESTP "THE ULTIMATE REALIST" Unconventional Approach • Fun Gregarious • Lives for Here and Now Good at Problem Solving	ESFP "YOU ONLY GO AROUND ONCE IN LIFE" Sociable • Spontaneous Loves Surprises • Cuts Red Tape Juggles Multiple Projects/Events Quip Master	ENFP "GIVING LIFE AN EXTRA SQUEEZE" People Oriented • Creative Seeks Harmony • Life of Party More Starts than Finishes	ENTP "ONE EXCITING CHALLENGE AFTER ANOTHER" Argues Both Sides of a Point to Learn Brinkmanship • Tests the Limits Enthusiastic • New Ideas
MOST SPONTANEOUS	MOST GENEROUS	MOST OPTIMISTIC	MOST INVENTIVE
ESTJ "LIFE'S ADMINISTRATORS" Order and Structure • Sociable Opinionated • Results Driven Producer • Traditional	ESFJ "HOST AND HOSTesses OF THE WORLD" Gracious • Good Interpersonal Skills Thoughtful • Appropriate Eager to Please	ENFJ "SMOOTH TALKING PERSUADER" Charismatic • Compassionate Possibilities for People Ignores the Unpleasant • Idealistic	ENTJ "LIFE'S NATURAL LEADERS" Visionary • Gregarious • Argumentative Systems Planners • Take Charge Low Tolerance for Incompetency
MOST HARD CHARGING	MOST HARMONIZING	MOST PERSUASIVE	MOST COMMANDING

© Otto Kroeger Associates, 1997

Our spiritual journey and lessons learned

The stories of people around us:



The Unconscious Leaking into Fiction

CAUTIONS

ISTJ

Quiet, serious, earn success by thoroughness and dependability. Practical, matter-of-fact, realistic, and responsible. Decide logically what should be done and work toward it steadily, regardless of distractions. Take pleasure in making everything orderly and organized - their work, their home, their life. Value traditions and loyalty.

ISFJ

Quiet, friendly, responsible, and conscientious. Committed and steady in meeting their obligations. Thorough, painstaking, and accurate. Loyal, considerate, notice and remember specifics about people who are important to them, concerned with how others feel. Strive to create an orderly and harmonious environment at work and at home.

INFJ

Seek meaning and connection in ideas, relationships, and material possessions. Want to understand what motivates people and are insightful about others. Conscientious and committed to their firm values. Develop a clear vision about how best to serve the common good. Organized and decisive in implementing their vision.

INTJ

Have original minds and great drive for implementing their ideas and achieving their goals. Quickly see patterns in external events and develop long-range explanatory perspectives. When committed, organize a job and carry it through. Skeptical and independent, have high standards of competence and performance - for themselves and others.

ISTP

Tolerant and flexible, quiet observers until a problem appears, then act quickly to find workable solutions. Analyze what makes things work and readily get through large amounts of data to isolate the core of practical problems. Interested in cause and effect, organize facts using logical principles, value efficiency.

ISFP

Quiet, friendly, sensitive, and kind. Enjoy the present moment, what's going on around them. Like to have their own space and to work within their own time frame. Loyal and committed to their values and to people who are important to them. Dislike disagreements and conflicts, do not force their opinions or values on others.

INFP

Idealistic, loyal to their values and to people who are important to them. Want an external life that is congruent with their values. Curious, quick to see possibilities, can be catalysts for implementing ideas. Seek to understand people and to help them fulfill their potential. Adaptable, flexible, and accepting unless a value is threatened.

INTP

Seek to develop logical explanations for everything that interests them. Theoretical and abstract, interested more in ideas than in social interaction. Quiet, contained, flexible, and adaptable. Have unusual ability to focus in depth to solve problems in their area of interest. Skeptical, sometimes critical, always analytical.

ESTP

Flexible and tolerant, they take a pragmatic approach focused on immediate results. Theories and conceptual explanations bore them - they want to act energetically to solve the problem. Focus on the here-and-now, spontaneous, enjoy each moment that they can be active with others. Enjoy material comforts and style. Learn best through doing.

ESFP

Outgoing, friendly, and accepting. Exuberant lovers of life, people, and material comforts. Enjoy working with others to make things happen. Bring common sense and a realistic approach to their work, and make work fun. Flexible and spontaneous, adapt readily to new people and environments. Learn best by trying a new skill with other people.

ENFP

Warmly enthusiastic and imaginative. See life as full of possibilities. Make connections between events and information very quickly, and confidently proceed based on the patterns they see. Want a lot of affirmation from others, and readily give appreciation and support. Spontaneous and flexible, often rely on their ability to improvise and their verbal fluency.

ENTP

Quick, ingenious, stimulating, alert, and outspoken. Resourceful in solving new and challenging problems. Adept at generating conceptual possibilities and then analyzing them strategically. Good at reading other people. Bored by routine, will seldom do the same thing the same way, apt to turn to one new interest after another.

ESTJ

Practical, realistic, matter-of-fact. Decisive, quickly move to implement decisions. Organize projects and people to get things done, focus on getting results in the most efficient way possible. Take care of routine details. Have a clear set of logical standards, systematically follow them and want others to also. Forceful in implementing their plans.

ESFJ

Warmhearted, conscientious, and cooperative. Want harmony in their environment, work with determination to establish it. Like to work with others to complete tasks accurately and on time. Loyal, follow through even in small matters. Notice what others need in their day-by-day lives and try to provide it. Want to be appreciated for who they are and for what they contribute.

ENFJ

Warm, empathetic, responsive, and responsible. Highly attuned to the emotions, needs, and motivations of others. Find potential in everyone, want to help others fulfill their potential. May act as catalysts for individual and group growth. Loyal, responsive to praise and criticism. Sociable, facilitate others in a group, and provide inspiring leadership.

ENTJ

Frank, decisive, assume leadership readily. Quickly see illogical and inefficient procedures and policies, develop and implement comprehensive systems to solve organizational problems. Enjoy long-term planning and goal setting. Usually well informed, well read, enjoy expanding their knowledge and passing it on to others. Forceful in presenting their ideas.

Excerpted from Introduction to Type® by Isabel Briggs Myers published by CPP. Inc. Used with permission.

BEHIND EVERY GREAT NOVELIST IS...



GRANT SNIDER