

WRITING YOUR PAST INTO YOUR FICTION

Susan M. Baganz Lodwick

WHAT HISTORY?

OUR PERSONALITY

Meyer's Briggs. Carl Jung

The Four Preferences In More Detail

Where, primarily, do you prefer to direct your energy?

Extravert- If you prefer to direct your energy to deal with people, things, situations, or "the outer world", then your preference is for **Extraversion**. This is denoted by the letter "E".

Introvert - If you prefer to direct your energy to deal with ideas, information, explanations or beliefs, or "the inner world", then your preference is for **Introversion**. This is denoted by the letter "I".

How do you prefer to process information?

Senser - If you prefer to deal with facts, what you know, to have clarity, or to describe what you see, then your preference is for **Sensing**. This is denoted by the letter "S".

Intuition- If you prefer to deal with ideas, look into the unknown, to generate new possibilities or to anticipate what isn't obvious, then your preference is for **Intuition**. This is denoted by the letter "N" (the letter I has already been used for Introversion).

How do you prefer to make decisions?

Thinker - If you prefer to decide on the basis of objective logic, using an analytic and detached approach, then your preference is for **Thinking**. This is denoted by the letter "T".

Feeler - If you prefer to decide using values and/or personal beliefs, on the basis of what you believe is important or what you or others care about, then your preference is for **Feeling**. This is denoted by the letter "F".

How do you prefer to organise your life?

Judger - If you prefer your life to be planned, stable and organised then your preference is for **Judging**(not to be confused with 'Judgmental', which is quite different). This is denoted by the letter "J".

Perceiver - If you prefer to go with the flow, to maintain flexibility and respond to things as they arise, then your preference is for **Perception**. This is denoted by the letter "P".

<http://www.teamtechnology.co.uk/tt/t-articl/mb-simpl.htm>

<p>ISTJ</p> <p>"DOING WHAT SHOULD BE DONE"</p> <p>Organizer • Compulsive Private • Trustworthy Rules 'n Regs • Practical</p> <p>MOST RESPONSIBLE</p>	<p>ISFJ</p> <p>"A HIGH SENSE OF DUTY"</p> <p>Amiable • Works Behind the Scenes Ready to Sacrifice • Accountable Prefers "Doing"</p> <p>MOST LOYAL</p>	<p>INFJ</p> <p>"AN INSPIRATION TO OTHERS"</p> <p>Reflective/Introspective Quietly Caring • Creative Linguistically Gifted • Psychic</p> <p>MOST CONTEMPLATIVE</p>	<p>INTJ</p> <p>"EVERYTHING HAS ROOM FOR IMPROVEMENT"</p> <p>Theory Based • Skeptical • "My Way" High Need for Competency Sees World as Chessboard</p> <p>MOST INDEPENDENT</p>
<p>ISTP</p> <p>"READY TO TRY ANYTHING ONCE"</p> <p>Very Observant • Cool and Aloof Hands-on Practicality • Unpretentious Ready for what Happens</p> <p>MOST PRAGMATIC</p>	<p>ISFP</p> <p>"SEES MUCH BUT SHARES LITTLE"</p> <p>Warm and Sensitive • Unassuming Short Range Planner • Good Team Member In Touch with Self and Nature</p> <p>MOST ARTISTIC</p>	<p>INFP</p> <p>"PERFORMING NOBLE SERVICE TO AID SOCIETY"</p> <p>Strict Personal Values Seeks Inner Order/Peace Creative • Non-Directive • Reserved</p> <p>MOST IDEALISTIC</p>	<p>INTP</p> <p>"A LOVE OF PROBLEM SOLVING"</p> <p>Challenges others to Think Absent-minded Professor Competency Needs • Socially Cautious</p> <p>MOST CONCEPTUAL</p>
<p>ESTP</p> <p>"THE ULTIMATE REALIST"</p> <p>Unconventional Approach • Fun Gregarious • Lives for Here and Now Good at Problem Solving</p> <p>MOST SPONTANEOUS</p>	<p>ESFP</p> <p>"YOU ONLY GO AROUND ONCE IN LIFE"</p> <p>Sociable • Spontaneous Loves Surprises • Cuts Red Tape Juggles Multiple Projects/Events Quip Master</p> <p>MOST GENEROUS</p>	<p>ENFP</p> <p>"GIVING LIFE AN EXTRA SQUEEZE"</p> <p>People Oriented • Creative Seeks Harmony • Life of Party More Starts than Finishes</p> <p>MOST OPTIMISTIC</p>	<p>ENTP</p> <p>"ONE EXCITING CHALLENGE AFTER ANOTHER"</p> <p>Argues Both Sides of a Point to Learn Brinkmanship • Tests the Limits Enthusiastic • New Ideas</p> <p>MOST INVENTIVE</p>
<p>ESTJ</p> <p>"LIFE'S ADMINISTRATORS"</p> <p>Order and Structure • Sociable Opinionated • Results Driven Producer • Traditional</p> <p>MOST HARD CHARGING</p>	<p>ESFJ</p> <p>"HOST AND HOSTESSES OF THE WORLD"</p> <p>Gracious • Good Interpersonal Skills Thoughtful • Appropriate Eager to Please</p> <p>MOST HARMONIZING</p>	<p>ENFJ</p> <p>"SMOOTH TALKING PERSUADER"</p> <p>Charismatic • Compassionate Possibilities for People Ignores the Unpleasant • Idealistic</p> <p>MOST PERSUASIVE</p>	<p>ENTJ</p> <p>"LIFE'S NATURAL LEADERS"</p> <p>Visionary • Gregarious • Argumentative Systems Planners • Take Charge Low Tolerance for Incompetency</p> <p>MOST COMMANDING</p>

© Otto Kroeger Associates, 1997

Our spiritual journey and lessons learned

The stories of people around us:

The Unconscious Leaking into Fiction

CAUTIONS