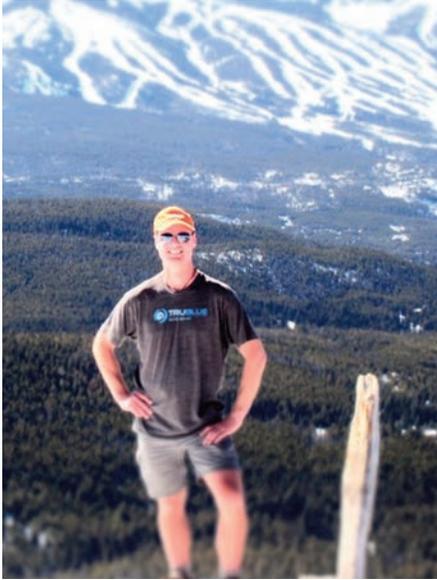


Sunday Morning Guide-Led Mountain Hike

May 17 after Colorado Christian Writers Conference



Welcome to Colorado everyone! So, after looking out at those amazing mountains all week long, come Sunday we all get our chance to go see them up close. But maybe you're looking for something more active than just driving through the scenery? Well do we have an opportunity for you.

My name's Eric and I'm looking to take a small group on a Guide-Led hike from the Bear Lake Trailhead up an extremely scenic and relatively easy 1.1 mile trail to Dream Lake, one the most photographed lakes in the entire Park.

This activity will take approx. 3 hours and guarantees spectacular views that will stay with you long, long after the conference. And yes, because the altitude will leave you as breathless as the views, this activity will be limited to active attendees with good cardio-fitness, sorry.

Questions? I'm attending the conference just like you - stop and ask me anything!

In the end, you'll stretch your legs, breath a little harder, slide on some snow, and still be done in time to make your 5:00pm flight out of DIA, filled with memories, and more than a few photos, that you can share and marvel over for years.

Date: Sunday, May 17th

Difficulty: Easy/Moderate (due to altitude and one steeper section)

Distance: Approx. 2.25 miles, out-and-back

Elevation: 9,475 to 9,910ft

Group Size: 6-8 Pref, 10 Max

Time requirement: Please plan on approx. 3 hours for this activity, plus an added 30 min drive to the trailhead from the Conference area, depending on traffic. Return times are flexible depending on "stop for photo" needs.

Equipment: You will want sturdy shoes/boots for hiking, and layered clothing for wind and possible chilly temps. Please plan to bring lunch/snacks and water too. (If you're staying in Longs Peak or Alpen Saturday night, the YMCA provides a free box lunch.) Add a camera & sunscreen/hat and you're all set.



Eric Sprinkle has called the "playground" of Colorado Springs home for more than 20 years now, pursuing everything from hiking, biking, rafting, and climbing in the local area. He currently works with the US Air Force Academy's outdoor program as a White-water Rafting Guide Instructor and has led an Outdoor Hiking Group through his local church for many years.